

# Lauren Curet

**Email:** [laurencuret@gmail.com](mailto:laurencuret@gmail.com)

**SAG-Eligible**

**Height:** 5'2

## FILM

Perfect Behind Our Door  
Godless  
Cinderella

LEAD| Anne  
LEAD| Eve  
LEAD| Fairy Godmother

Dir. Grace Ruble  
Dir. Joseph Morley  
Dir. Penny Prince

## THEATER

Much Ado About Nothing  
Three Sisters  
Is Krishna There?  
Is Krishna There?  
The Filthiest People Alive  
Nicky  
Therapy  
According to This...  
Girl Power: We Can Speak

LEAD| Leonata  
LEAD| Natasha  
SOLO| Begum Akhtar  
SOLO| Begum Akhtar  
LEAD| Paige  
SUPPORTING| Aurora  
LEAD| Dream  
LEAD| Lauren  
LEAD| Lauren

Art of Acting Studio (LA)  
Art of Acting Studio  
NAMBA Performing Arts Center\*  
Hollywood Fringe Festival\*\*  
HBMG Foundation (CO)  
Art of Acting Studio  
The Secret Theatre (NYC)\*\*\*  
Sitting Shotgun SQUARE1 (NYC)  
United Nations

## EDUCATION

Masters of Fine Arts Equivalent  
Masters of Fine Arts  
Bachelor of Fine Arts  
Pre-College Degree  
High School Regents Diploma

Professional Conservatory  
Opera Performance  
Opera Performance  
Opera Performance  
Classical Voice

Stella Adler/Art of Acting Studio  
Manhattan School of Music  
Manhattan School of Music  
The Juilliard School  
Fiorello H. LaGuardia High School

## TRAINING

Technique  
Scene Study  
Shakespeare  
Improvisation  
Chekhov  
Opera  
Opera  
Krav Maga  
Hip-Hop  
Track/ Distance Running

Art of Acting Studio  
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Manhattan School of Music  
The Juilliard School  
Krav Maga Experts NYC  
Broadway Dance Center  
ReadySetMo

Jane Fleiss  
H. Richard Greene  
Nike Doukas  
Sean Cowhig  
Bruce Katzman  
Joan Patenaude-Yarnell  
Lorraine Nubar  
Zavier Barnhart, Raz Chen  
Bev Brown  
Monique Beraducci

## SPECIAL SKILLS

**Acting:** Improvisation, Shakespeare, Adler Technique

**Music:** Trained Opera Singer (Professional), Musical Theatre (Intermediate- Legit, can mix, some belt), Piano (Beginner), Sight Reading, Ear Training

**Athletic:** Krav Maga (Advanced), Boxing (Advanced), Running (Intermediate), SoulCycle (Advanced), Marathon Finisher, Hand to Hand Combat (Intermediate), Swimming (Beginner),

**Dialects:** Hindu

**Other:** Published and Produced Playwright, Crocheting (Basic), Swiftie, Pop Culture Junkie, International Traveler

**Awards:**

\*2023 Splash Award Winner

\*\*Hollywood Fringe 2023 Scholarship Recipient Award Winner

\*\*\*LIC One-Act Festival 2019 Semi-Finalist